

# APPROVED INSTRUCTORS FOR REVISED FUNDAMENTALS OF CAREGIVING, 2ND EDITION AND MODIFIED FUNDAMENTALS OF CAREGIVING, 2ND EDITION

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By law, **ALL** Adult Family Home (AFH) providers, AFH resident managers, Boarding Home (BH) administrators (or designees) and AFH/BH caregivers providing direct personal care are required to take either *Revised Fundamentals of Caregiving* or *Modified Fundamentals of Caregiving Self-Study* course. (WAC 388-112-0075)

AFH and BH caregivers must take this caregiver training **within 120 days of when they begin providing hands on personal care** in a:

- Licensed Adult Family Home
- Boarding Home

## What Is Covered In the Trainings?

The ***Revised Fundamentals of Caregiving (RFOC), Edition 2*** is a 28-hour classroom course designed to be a very practical and basic class in caregiving. The class focuses on basic caregiving job requirements, client rights, communication, problem solving skills, protecting the health and safety of residents and performing personal care skills.

The ***Modified Fundamentals of Caregiving (MFOC), Edition 2*** is a self-study course designed for health care workers whose previous training gives them proficiency in some of the content and basic skills covered in the full 28-hour *RFOC* course. *MFOC* focuses on client/resident rights including mandatory reporting requirements, medication assistance regulations, Nurse Delegation, Self-directed Care, assessment and observation, documentation, and service planning.

## Who Can Take the Modified Fundamentals Self –Study Course?

You may take the *Modified Fundamentals of Caregiving Self-Study* course if you have completed training in the following professions:

- Nursing Assistant-Certified
- Medicare Certified Home Health Aide
- Occupational Therapist
- Registered Nurse
- Licensed Practical Nurse
- Physical Therapist

**If you do not meet any of the above, you must take the 28-hour RFOC class.**



## Successfully Completing the Classes

You must take and pass a written test and be able to demonstrate certain personal care skills to receive a training certificate for RFOC. MFOC participants must pass a written test.

## Challenge Tests

A challenge test is for people who believe they already have extensive knowledge of the course materials. You may choose to take a test without taking the course. It costs the same as the classroom course. If you do not pass, you must pay the entire tuition again and take the classroom course.

## Trainers

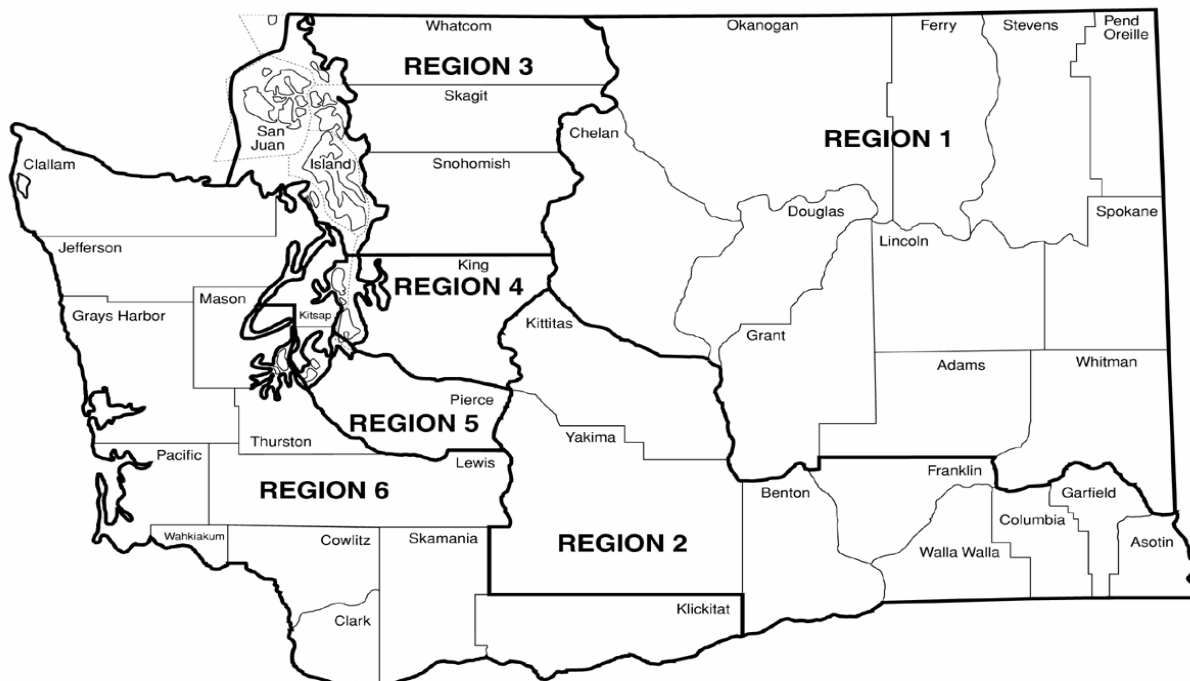
The trainers listed in this brochure have been approved by ADSA/TCDU to provide quality training. If you have questions about any trainer listed in this brochure or if you have questions about trainers not listed but who claim they are approved to teach, please call: 1-800-422-3263.

# Registration

1. Look at the list of Trainers on pages 3, 4, and 5 to find a trainer near you. Trainers are listed by region, county, or city. The map below will show you what region that you are in.
2. Call the Trainer and register for the class.

**You may also access the list of trainers on line at:**

**<http://www.aasa.dshs.wa.gov/professional/training/2003/FundamentalsBrochure.pdf>**



# APPROVED INSTRUCTORS



**REGION 1:** Adams, Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Orielle, Spokane, Stevens, Whitman Counties

County or City	Instructor's Name	Telephone Number
<b>Ephrata</b>	Rebecca Long (mfocss only)	509-754-2941
<b>Grant</b>	Columbia Basin Job Corps (mfocss only)	509-762-5581
<b>Palouse</b>	Oralene Cancellare Romjue, RN	509-878-1569
<b>Pend Orielle</b>	Patterns of Life Educational Services	509-445-1721
<b>Spokane</b>	Empowering People	509-466-0216
	HCTC Partnership	509-893-1776
<b>Stevens</b>	Linda Olson, RN (mfocss only)	509-684-6988
<b>Wenatchee</b>	Caregivers Educational Services	509-886-4187
<b>Whitman</b>	Wararat Suriyo-Dail, RN	509-397-2385

**REGION 2:** Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Walla Walla, Yakima Counties

County or City	Instructor's Name	Telephone Number
<b>Clarkston</b>	Geni Mertsching, RN	208-792-3722
	Connie Overall (mfocss only)	208-743-8176
<b>Cle Elum</b>	Delores Levesque, RN	509-674-5455
<b>Pasco</b>	Columbia Basin College	509-547-0511
<b>Richland</b>	Valerie's RN-Delegation & Nursing Services	509-942-1888
<b>Walla Walla</b>	Walla Walla Community College	509-527-4330
	Joan Carmen, RN	509-525-7828
<b>Yakima</b>	Basic Emergency Safety Training	509-452-9929
	YV-Tech-Yakima Valley Tech	509-573-5001
	First Aid & Safety Trng (mfocss only)	509-853-2034

**REGION 3:** Island, San Juan, Skagit, Snohomish, Whatcom Counties

County or City	Instructor's Name	Telephone Number
<b>Bellingham</b>	Bellingham Technical College	360-715-8353
	Cindy Dustin, RN	360-671-9162
<b>Burlington</b>	Marilyn Cawrse, RN	360-755-1493
<b>Camano Island</b>	Virginia Berube, RN	360-629-2536
	Jeanne Karr	360-923-4489
<b>Concrete</b>	Kathleen Freitas, RN	360-853-7706
<b>Edmonds</b>	Priscilla Coy-Monahan (CSS)	425-672-8787
<b>Everson</b>	Ronna A. Loerch, RN	360-966-3226
<b>Everett</b>	Sunrise Services	425-347-3149
<b>Ferndale</b>	Quality Assurance/R.Stump, RN	360-325-0078
<b>Langley</b>	Charlotte Chase, RN	360-321-6004

# APPROVED INSTRUCTORS



**REGION 3 (cont'd):** Island, San Juan, Skagit, Snohomish, Whatcom Counties

County	Instructor's Name	Telephone Number
Lynnwood	Care Path/Barbara Jackson, RN	425-670-3653
Mt. Vernon	Skagit Valley College	360-416-7672
Mukilteo	Jenny Kemper	425-787-0702
Oak Harbor	Louvenia Ringuette	360-675-3399
Orcas Island	Sally Y. Coffin, RN	360-376-9017
Sedro-Woolley	E. Faye Daly, RN	360-724-3060
	Cascades Job Corps	360-854-2182
Snohomish	Professional Registry of Nursing (PRN)	1-800-776-1101

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**REGION 4:** King County

County or City	Instructor's Name	Telephone Number
Auburn	Green River Community College	253-288-3325
Bellevue	Lidia Michelle Lupse, RN	425-641-0405
	Professional Registry of Nursing	1-800-776-1101
	Ioana Burbatt, RN	425-221-8000
Federal Way	Karen's Klasses	253-661-5706
Kirkland	Daniela Potra, RN	206-550-8620
	Maggie Broggel, RN (Procare Educational)	425-822-1138
Renton	Hadra Hassen, RN	206-799-4988
	Headway Nursing Bureau (Bi-lingual training)	425-271-5319
	Moss Enterprises	425-226-2257
	Renton Technical College	425-235-2352
Seattle	Caregiver Training, Inc.	206-439-1958
	Health Professionals Institute	253-529-2552
	Karen Morgan, RN	206-772-7536
	Nursing Consulting & Trng Svcs	206-860-4972/587-3800
	Nursing Assistant Training Institute	206-546-1120
	<a href="http://www.natraining.net/">http://www.natraining.net/</a>	
	Christine Taylor (ALEC)	206-261-5589
	Shoreline Community College	206-546-4756

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**REGION 5:** Kitsap and Pierce Counties

County or City	Instructor's Name	Telephone Number
Bremerton	Care Plus Home Health	1-877-609-2770
	Kitsap Home Care	360-377-7307
Gig Harbor	Helen Murphy, RN	253-241-2646
Lakewood	Clover Park Technical College	253-589-5885

# APPROVED INSTRUCTORS



## **REGION 5 (cont'd):** Kitsap and Pierce Counties

<b>County or City</b>	<b>Instructor's Name</b>	<b>Telephone Number</b>
<b>Lakewood</b>	Bev-Lee Health Care Quality Training	253-984-6350
<b>Olalla</b>	Priscilla Culp, RN (Thurston, Lewis, Grays Harbor)	253-225-1474
<b>Port Orchard</b>	Care Plus Home Health Care	360-373-8016
<b>Puyallup</b>	Sue Ellen Cooper/Cooper House 1	253-845-3941
	Cromwell's Nurse Consulting	253-227-5205
<b>Tacoma</b>	Far Reaching Consulting	253-536-0206
	Professional Registry of Nursing	1-800-776-1101
<b>Spanaway</b>	Debra S. Walker, RN	253-875-0022
<b>Steilacoom</b>	Education By Design	253-584-7099
<b>Sumner</b>	Teresa Marshall (Pierce and South King County)	360-897-2862
<b>University Place</b>	Medical Training Consultants Institute	253-566-8282

## **REGION 6:** Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Klickitat, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum Counties

<b>County or City</b>	<b>Instructor's Name</b>	<b>Telephone Number</b>
<b>Aberdeen</b>	Ruth Ann Kolodzie (mfoss only)	360-533-3453
<b>Brinnon</b>	Judith Y. Meyers, RN	360-796-0309
<b>Brush Prairie</b>	Quality Nurse Consultants/Cornelsen, RN (mfoss)	360-891-2448
<b>Camas</b>	Leta Ayers, RN	360-833-8352
<b>Castle Rock</b>	Cynthia Holliday, RN (The Medea Group)	360-274-8329
<b>Centralia</b>	Linda C. Amondson-Muller, RN	360-807-8645
<b>Elma</b>	Donna McGuin	360-482-2006
<b>Kelso</b>	Janet Denniston, RN	360-636-4327
<b>Longview</b>	Lower Columbia College	360-442-2868
	Eldercare Education	360-636-1000
	Peninsula College	360-417-6505
<b>Olympia</b>	De'Sandra Simmons, RN	360-413-7074
	Debra Ranken, RN	360-456-4805
<b>Port Angeles</b>	Caregivers Home Health Inc.	360-457-1644
	Virginia Houk	360-417-0959
<b>Ridgefield</b>	Quality Assurance/Jeanne White, RN	360-887-4118
<b>Sequim</b>	Rainshadow Home Services, Inc.	360-681-6206
<b>Thurston/Lewis</b>	Professional Registry of Nursing	1-800-776-1101
<b>Vancouver</b>	Clark County Skills Center	360-604-1050 x2164
	D & C Enterprises/Connie Crites, RN	360-258-3153
	Northwest Healthcare, Inc.	360-574-5293
	Graziella Stanculescu, RN	503-667-6285
<b>Woodland</b>	Nurse Delegation & Consulting	360-225-8222